

Activities for The Story of The Oyster and the Butterfly by Ana M. Gomez

Extended Reading

(Many of the suggested stories can be found through the public library or on YouTube. Always preview a story before sharing with your child.)

Understanding Feelings

- The Unbudgeable Curmudgeon, by Matthew Burgess
- Millie Fierce, by Jane Manning
- The Way I Feel, by Janan Cain
- The Grouchy Ladybug, by Eric Carle
- Alexander and the Terrible, Horrible, No Good, Very Bad Day, by Judith Viorst
- When Sophie Gets Angry-Really, Really Angry, by Molly Bang
- Llama Llama Mad at Mama, by Anna Dewdney
- Wemberly Worried, by Kevin Henkes
- My Many Colored Days, by Dr. Seuss
- The Pout Pout Fish, by Deborah Diesen
- Giraffes Can't Dance, by Giles Andreae and Guy Parker-Rees
- How Do You Feel, by Lizzy Rockwell
- In My Heart, by Jo Witek
- Tiger Days A Book of Feelings, by M.H. Clark
- The Color Monster, by Anna Llenas

Butterflies and Caterpillars

- Waiting on Wings, by Lois Elhert
- Ten Little Caterpillars, by Bill Martin Jr.
- Glasswings: A Butterfly's Story, by Elisa Kleven
- Pinkalicious and the Little Butterfly, by Victoria Kann
- Charlie the Caterpillar, by Dom DeLuise
- Are You a Butterfly, by Judy Allen and Tudor Humphries
- My, Oh My-A Butterfly!: All About Butterflies, by Tish Rabe
- Fancy Nancy Bonjour Butterfly, by Jane O'Connor
- Bye Bye Butterflies, by Andrew Larsen
- Velma Gratch and the Way Cool Butterfly, by Alan Madison and Kevin Hawkes
- The Very Hungry Caterpillar, by Eric Carle
- Gotta Go! Gotta Go!, by Sam Swope
- How to Raise Monarch Butterflies, by Carol Pasternak
- A Butterfly is Patient, by Dianna Hutts Aston
- The Reason for a Flower, by Ruth Heller
- The Butterfly Alphabet Book, by Jerry Pallotta and Brian Cassie

Oysters

- The Oyster's Secret, by Traci Dunham
- Pearlie Oyster: A Tale of an Amazing Oyster, by Suzanne Tate
- Why the Oyster Has The Pearl, by Johnette Downing
- Oilly the Oyster Cleans the Bay, by Elaine Ann Allen
- How the Oysters Saved the Bay, by Jeff Dombek

- Olly's Treasure, by Elaine Ann Allen

Dealing with Grief

- Rabbit and the Motorbike, by Kate Hoefler
- The Goodbye Book, by Todd Parr
- Wherever You Are My Love Will Find You, by Nancy Tillman
- The Invisible String, by Patrice Karst
- Nana Upstairs & Nana Downstairs, by Tomie dePaola
- Ida Always, by Caron Levis
- I Miss You- A First Look at Death, by Pat Thomas
- Always and Forever, by Alan Durant
- Badger's Parting Gifts, by Susan Varley
- Bear's Last Journey, by Udo Weingelt
- Remembering Crystal, by Sebastian Lot

Printables

Butterfly Finger-play with Finger Puppets

<https://kidcourses.com/wp-content/uploads/2011/07/Bfingerplay.pdf>

Many Poems and Songs Sung to Familiar Tunes about Butterflies and Caterpillars

www.prekfun.com/THEMES/PREKthemes/A-F/Butterflies/Butterfly_Songs.htm

Numerous activities and Printables about with Butterflies

<https://preschoolmom.com/preschool-printables/butterfly-preschool-printables/>

Emotions Daily Check-in Boy and Girl

<https://www.totschooling.net/2017/03/emotions-printable-activity.html>

Caterpillar Color Matching Activity

<https://www.totschooling.net/2017/03/caterpillar-color-matching-sorting.html>

Lots of Free Printables, game boards, matching, various themes

<https://funlearningforkids.com/free-printables/>

Feelings pictures and charts using emojis

<https://www.teacherspayteachers.com/Product/Social-Emotional-Learning-Emoji-Feelings-Recognition-Activities-2867684>

Art Projects

Oyster and Beaded Bracelet Art Activity

<https://www.thingstoshareandremember.com/ocean-commotion-oyster-pearls-preschool-craft/>

Bugs and Butterfly Activities and Fun Ideas for Kids

<https://www.childfun.com/themes/animals/bugs-and-butterfly/>

Caterpillar Sock Puppet and Life Cycle Song

<https://www.coffeecupsandcrayons.com/caterpillar-puppet-and-song/>

Family Activities

Yoga Activity

<https://theeducatorsspinonit.com/yoga-step-by-step-guide-to-have-your/>

Butterfly Bingo Boards (Can use for matching, memory etc.)

<https://preschoolmom.com/preschool-printables/butterfly-preschool-printables/butterfly-bingo/>

Numbers Game with Directions and Printable Scoreboard

<https://www.theprintableprincess.com/comparing-numbers-spring-freebie/>

Activities, Ideas, Story, etc. About Understanding Feelings

[Feelings Activities & Fun Ideas for Kids](#)

Video

Five Little Oysters

- <https://www.bing.com/videos/search?q=kids+songs+about+oysters&docid=608052224922487942&mid=173CB2B6B9105FFECE5F173CB2B6B9105FFECE5F&view=detail&FORM=VIRE>

Hand Washing Songs for Kids

- <https://www.pre-kpages.com/hand-washing-songs-for-kids/>

Virtual Field Trip/Butterflies

- https://www.bing.com/search?q=kidvision+butterfly+field+trip&form=EDGEAR&qs=PF&cvid=7a6d0ed2dc9f4449a06b6f71fd3913a9&cc=US&setlang=en-US&elv=AY3%21uAY7tbNNZGZ2yiGNjifOsty2BGgzQne45dF2OR9swwQOBd8MhPzqZn9nDbxVZmhTJV4bQGOFCcDgdlA0*fjuYm%21eGJv3zcqGP6cTodqan&plvar=0

Virtual Field Trip/Gorillas

- <https://www.bing.com/videos/search?q=National+Zoo+Gorilla+Cam&ru=%2fvideos%2fsearch%3fq%3dNational%2bZoo%2bGorilla%2bCam%26FORM%3dVDMHRS&view=detail&mid=A5F28FCE5EEFD782849CA5F28FCE5EEFD782849C&rvsmid=0567BEC3D7CF3E5006060567BEC3D7CF3E500606&FORM=VDQVAP>

The More We Get Together Song

- <https://www.youtube.com/watch?v=lldmkrJXQ-E>

If You're Happy and You Know It Song Video Sesame Street

- <https://www.bing.com/videos/search?q=video+if+you%27re+happy+and+you+know+it&docid=608033683590023261&mid=CE5EB51BE347AD152EB5CE5EB51BE347AD152EB5&view=detail&FORM=VIRE>

If You're Happy and You Know It Song Video with Different Emotions/ Animated

- <https://www.bing.com/videos/search?q=If+Your+Happy+and+You+Know+It+with+different+feelings&ru=%2fvideos%2fsearch%3fq%3dlf%2520Your%2520Happy%2520and%2520You%2520Know%2520It%2520with%2520different%2520feelings%26qs%3dn%26form%3dQBVRMH%26sp%3d-1%26pg%3dif%2520your%2520happy%2520and%2520you%2520know%2520it%2520with%2520different%2520feelings%26sc%3d0-53%26sk%3d%26cvid%3dE65A1FCEEFEA40FA85395A24EA84EBDA&view=detail&mid=05F2DBD2B2FB6041ED5E05F2DBD2B2FB6041ED5E&&FORM=VDRVRV>

Breathing Exercises/ Whale Breath Sing A Long/ Belly Breathing

- <https://www.bing.com/videos/search?q=breathing+exercises+for+kids+videos&&view=detail&mid=0E66D737CE40D0F9B7160E66D737CE40D0F9B716&rvsmid=AF2B268FC5173E1EDCA9AF2B268FC5173E1EDCA9&FORM=VDQVAP>

Breathing Exercises/ Rainbow Breathing

- <https://www.bing.com/videos/search?q=Balloon+Breathing+for+Kids&ru=%2fvideos%2fsearch%3fq%3dBalloon%2bBreathing%2bfor%2bKids%26FORM%3dVRMHQP&view=detail&mid=816330299CE4EBE30646816330299CE4EBE30646&rvsmid=E5D8F0464EC2476997F4E5D8F0464EC2476997F4&FORM=VDRVRV>

If You're Happy and You Know It with Different Emotions/ Real Person

- <https://www.bing.com/videos/search?q=if+you%27re+happy+and+you+know+it+emotion+s+song&&view=detail&mid=F33312993096511895BDF33312993096511895BD&&FORM=VDRVRV>

If You're Happy and You Know It with Different Emotions/ Real Person/ Words-No Voice

- <https://www.bing.com/videos/search?q=if+you%27re+happy+and+you+know+it+emotion+s+song&&view=detail&mid=AEF03C856F23D47CDB26AEF03C856F23D47CDB26&&FORM=VDRVRV>

ORM=VRDGAR&ru=%2Fvideos%2Fsearch%3Fq%3Dif%2Byou%2527re%2Bhappy%2Band%2Byou%2Bknow%2Bit%2Bemotions%2Bsong%26%26FORM%3DVDVXX

Snacks

Oyster and Pearl Cookies

<https://www.livingwellspendingless.com/oyster-pearl-cookies/>

Butterfly Snacks using Baggies and Clothespins

<https://jugglingwithkids.com/2012/01/butterfly-snacks.html>

Butterfly snacks with pretzels, chips, and candy

<https://www.pillsbury.com/recipes/pretzel-butterflies/8f37d2ac-ddaa-4448-8ca0-e317db9c3436>

Butterflies with Crackers, Dip, Celery, Peanut Butter, and Pretzels

<https://ourkidthings.com/butterfly-crackers-kids-snack/>

Butterfly Party Crackers with Vegetables

allrecipes.co.uk/recipe/44819/butterfly-party-crackers.aspx